



CINEMA PER A  
ESTUDIANTS

## CRIADAS Y SEÑORAS

Cicles: 3 i 4 ESO, Batxillerats, Cicles Formatius, Centres de Formació d'Adults - Àrees: Llengua anglesa; Ciències socials, geografia i història; Educació per a la ciutadania i els drets humans; Educació ètica cívica; Literatura universal; Història. - Temes: Educació en valors; El món del treball; Periodisme. Mitjans de comunicació. Publicitat; Família. Relacions familiars; Adaptació cinematogràfica d'obra literària; Els llibres i l'escriptura.

### Suggeriments per al professorat

El dossier que us fem arribar conté un seguit d'activitats per treballar amb l'alumnat dins l'aula abans o després de la projecció. Aquestes activitats són opcionals, deixant al vostre criteri, a partir del coneixement real que teniu del vostre alumnat, la manera de treballar el film amb ells.

Direcció i concepció gràfica: Cinema per a estudiants  
Activitats i adaptació de textos: Abel Gálvez i José Pica

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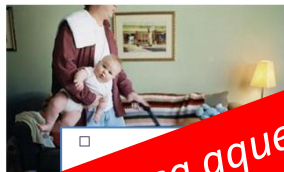


#### Fitxa tècnica i artística

**Títol original:** The Help. **Direcció:** Tate Taylor. **Interpretació:** Emma Stone (Eugenia 'Skeeter' Phelan), Viola Davis (Aibileen), Bryce Dallas Howard (Hilly Holbrook), Octavia Spencer (Minny Jackson), Jessica Chastain (Celia), Anna O'Reilly (Elizabeth), Mike Vogel (Johnny), Allison Janney (Charlotte), Sissy Spacek (Missus Walters), Mary Steenburgen (Elain Stein). **Guió:** Tate Taylor, basat en la novel·la homònima de Kathryn Stockett. **Producció:** Michael Barnathan, Ordis Columbus i Brunsen Green. **Música:** Thomas Newman. **Fotografia:** Stephen Goldblatt. **Muntatge:** Hughes Winborne. **Disseny de producció:** Mark Ricker. **Vestuari:** Sharen Davis. **Gènere:** Drama. **País:** USA. **Any:** 2011. **Durada:** 138 min.

#### Sinopsi

Ambientada al Mississipí dels anys 60 del segle passat, la pel·lícula explica la història de Skeeter, una noia de la bona societat del sud que torna de la universitat disposada a convertir-se en escriptora. Amb aquest objectiu, Skeeter decideix entrevistar les dones negres que s'han passat la vida treballant al servei de les grans famílies del sud. Això provocarà una veritable revolució al seu cercle d'amistats de la petita localitat on viu. Aibileen, la criada i millor amiga de Skeeter, és la primera a parlar per a escàndol de la tancada comunitat negra. Tot i que Skeeter corre el perill de perdre les seves antigues amistats, ella i Aibileen segueixen treballant en el projecte i aconsegueixen que més dones s'atreveixin a explicar les seves històries; perquè el més curiós és que tenen molt a dir. A mesura que el projecte avança es van desenvolupant amistats insòlites i sorgeix una nova germanada femenina. Però abans, els habitants del poble també hauran de dir algunes coses al veure's arrossegats de forma irremediable cap a un món que està a punt de canviar per sempre.



4. do...
5. wash up
6. make...
7. mow...
8. pol...

#### DO YOUR PARTNER'S CHORES?

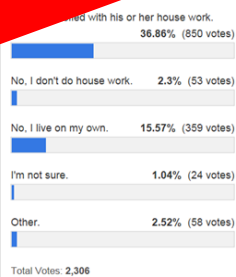
I was a kid, I used to purposefully do a bad job at chores. Because I knew that my mother would redo the work, and eventually quit asking me to do it. When I was older, I used the excuse of being tired from school or needing to study for exams. She wanted me to succeed, so she let me skip chores in favor of schoolwork and extracurricular activities.

Worked like a charm, except that I never learned how to fold laundry properly until my twenties. Now I wish I'd let my Mom teach me how to cook and clean. Instead of studying so much.

Adults who do a half-hearted job at chores are the same ones who probably shirked their duties as kids. To all the parents out there: don't let your kids guilt-trip you into spelling them! They're smarter than you think :)

#### D. VOTE AT THE ONLINE POLL

If you want to share your thoughts you can vote at the online poll: Are you satisfied with your spouse or partner's housework? Do you end up re-doing the chores if they aren't completed to your standards? And for parents, how satisfied are you with your children's chores?



#### ACTIVITY 2: THE PROTAGONISTS OF THE FILM

The film is full of ladies, black and white, young and old. Complete these descriptions and match them to the pictures.

MINNY, CONSTANCE, AIBILEEN, HILLY HOLBROOK, CHARLOTTE, CELIA, MISSUS WALTERS, SKEETER

THE HELP



A.

B.

1. .... works for Skeeter's fr...
2. .... manipulative and rac...
3. .... best cook in town.
4. .... Skeeter when she wa...
5. .... dreams of becoming...
6. .... ignored by Hilly Holb...
7. .... cancer and wears wig...
8. .... funny.

SKEETER – AIBILEEN – MINNY – MAE MOBLEY – HILLY HOLBROOK – CELIA FOOTE – ELIZABETH

- 1- ..... cooks very well
- 2- ..... takes care of Elizabeth's girl.
- 3- ..... wants to become a writer after college.
- 4- ..... is very influential in Jackson.
- 5- ..... does a ho...
- 6- ..... ex-boss.

#### NONVIOLENT PROTESTS IN 1960



#### ACTIVITY 3: HOUSEHOLD CHORES

Aibileen and Minny do all the household chores, even looking after the white kids. In this picture you can see a collection of vintage drawings showing household chores.



The poem on the p... by Maya Angelou, a who has fought for



A. CAN YOU WRITE SOME SENTENCES USING THESE VERBS AND NOUNS? dishes, button, to mop, laundry, to clean, floor, to sew, to iron, to hang up, shirts, to wash up, bathroom



2. ....
4. ....
6. ....

The film takes place in the 1960s in the small village of Jackson, Mississippi, and tells the story of a young college graduate Eugenia "Skeeter" Phelan, who has just returned home with a degree from a New York university. Skeeter doesn't want to get married and have children quickly. Instead, she dreams of being a writer and she soon gets job writing a cleaning column for the local newspaper. In order to do this, she will need the advice of Aibileen, the maid for Skeeter's best friend, Elizabeth. Aibileen is not only the cleaning lady, she also does all the cooking, she goes to the grocery store, and most important, she takes care of Elizabeth's daughter Mae Mobley.

Skeeter decides to write a book exposing what life is like from the point of view of the help, the African American women who cook, clean and raise white children, only to have those children grow up and become their bosses. Although reluctant at first, Aibileen is the first maid to agree to talk with Skeeter. She is motivated by a desire to remember her son, who died in an accident at work. When Skeeter tells her editor in New York, she gets the green light and starts writing.

The next maid to agree to tell her story is Minny, Aibileen's best friend and an excellent cook. Minny works for Miss Hilly Holbrook, the town's queen bee and the leader of all public life in Jackson. Miss Hilly's very manipulative and racist, which is too much for Minny, so she gets fired. Minny wants to get revenge and she will do a "terrible, awful thing". After that, Minny goes to work for Celia Foote, a nice young lady who is considered white trash by Hilly and her group of friends.

As racial tensions rise and tragedy strikes in the town, more maids find the courage to tell their personal stories anonymously. They know they can get into trouble for telling the truth, but the courageous women will tell everything for a book that has the potential to turn their Mississippi town completely upside down. They will realize that everyone has the power to inspire change.

Si us interessa aquest dossier i el solucionari de les preguntes en PDF, poseu-vos en contacte amb nosaltres a: [info@cinemaperaestudiants.cat](mailto:info@cinemaperaestudiants.cat) . Preu dels dos documents: 5 €



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